

## A Message From Our Chairman...



My father used to say that you make your own happiness. I have been thinking about his words of wisdom lately and how it relates to our lives.

Stress and adversity are part of the ebb and flow of life. It is easy to get down on your life circumstances but there are always other choices.

What makes you happy? Your family, your children, your friends, your faith... When I am feeling down I like to do something for myself. I might go to lunch with friends or play a round of golf. I look at tomorrow as a fresh start to my happiness.

Let the Guild be a part of your happiness. Join us in an activity, whether it's on our summer trip, baking, volunteering at the bazaar or coming to a meeting.

Remember you make your own happiness. Hope to see you at an event or meeting!

### Barb Rupas

*\*Our nominating committee is putting together a slate for the upcoming elections slated for November 7<sup>th</sup>. Please consider serving on the board when you are asked. I personally can attest to what a fulfilling and gratifying experience it has been serving you. You won't be alone leading the guild. The board works together to make our guild a success. The saying "We are better, together", truly exemplifies our guild.*

*Nominating Committee members this year: Judy Parks (Chair), Anne Marie Ameriguian, Anita Boyadjian, Laurie Reizian and Marilyn Sarkesian.*



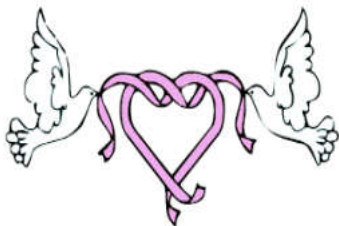
We send our sincere sympathy to Agnes Carman Hovsepien on the passing of her beloved husband, Peter Hovsepien. He was the loving father of Marianne Dardarian, Patricia Kezelian, Yn. Roberta Kochakian, Sue Vian, dear brother-in-law of Jane Hovsepien and uncle of Arlene Baylerian and Pepsi Baylerian.

We also extend our condolences to Gloria Melkonian, on the passing of her dear husband, Arthur and to the family and friends of our Guild member, Judy Hovnan.



The Guild sends get well wishes to Barb Rupas, Marianne Dardarian, Gayle Hoplamazian, Virginia Mekjian and Diane Nolff. We wish them all speedy and complete recoveries and look forward to seeing them back with us soon!

Bob and Linda DePietro are happy to announce the engagement of their son, Michael, to Kerry Jostworth of Cincinnati, Ohio. A May 25, 2019 wedding is being planned in Cincinnati.



Our best wishes to Emily and Jordan Balbes, who were married on Saturday, August 25<sup>th</sup>. Emily is the daughter of Judy and Terry Parks. We wish the couple many happy and blessed years together.

### Directory Change:

Maritza (Sarkeis) Negohosian has moved to:  
Manoogian Manor  
15775 Middlebelt Road  
Livonia, MI 48154

\*Please make this change in your directory!\*





*October 11 <sup>th</sup> (Thursday)	Guild Meeting 7:00 *
November 7 <sup>th</sup> (Wednesday)	Alternative for Girls Collection & Guild Election 6:30
December 5 <sup>th</sup> (Wednesday)	Guild Christmas Membership Dinner

**\*Note Date Change**

Linda Assarian reports that the knitting group has six members and would happily welcome anyone interested in joining. The knitters meet in the Nursery Room at Church every 3<sup>rd</sup> Thursday of each month from 10 a.m. to 12 p.m. This committee continues to work on some amazing projects. They have knit baby blankets, lap blankets, caps, and scarves. Many of these items have been sent to Armenia through the AMAA Stitched with Love Project and local shelters and hospitals. All knitting levels are welcomed!



*I would like to send prayers of thanks to all of you. Your prayers have been welcomed and have helped me greatly in the recovery process. Thank you again and again!*

*~ Emma Betrosian*

## 80<sup>th</sup> GUILD ANNIVERSARY CELEBRATION

The Guild celebrated their 80<sup>th</sup> Anniversary this past month at the September General Body Meeting. Past Chairs were invited to be honored and members shared photo albums from past events. A lovely reception was put on by Cathy Zwinck and her committee. On Sunday, September 9<sup>th</sup>, the Men's Society continued the celebration of our 80<sup>th</sup> anniversary at the annual Pancake breakfast. Poster size pictures were displayed of our guild from the Young Women's Guild of 1956 and our present-day guild.



If you are interested in ordering an 8 x 12 2018 group picture of our guild, please complete the form in this newsletter by October 11<sup>th</sup>.

### Some of Our Past & Present Chairwomen



**Seated from L – R:** Angela Banerian (1975,2002) Isabelle Vahratian (1978), Very Rev. Fr. Aren Jebejian, Nina Sarkissian (1981), Barb Rupas (2018)

**Standing from L – R:** Linda Assarian (2007-2008), Linda Tiffany (2009-2010), Joyce Obenhoff (2011), Linda Stambouljian (2013-2014), Yerchanig Callan (2015-2017) and Jackie Elchemmas (2000-2001)

**Women's Guild Upcoming Speaker Meeting:  
Thursday, October 11th, 2018 at 7pm.**

**\*Please note NEW DATE AND DAY of Meeting.**



Please join us for, "Beauty Bites...You Really Are What You Eat". Anoosh Ivezaj is an Integrative Nutrition Health Coach. She focuses on how food can heal, and how to make clean eating enjoyable.

Anoosh Ivezaj is the creator behind Anosh Aglow which focuses on glowing health and beauty. She also is a certified Integrative Nutrition Health Coach. After spending her career in the beauty industry trying to help others achieve their glow, she realized that it all came down to the individual's health. She focuses on how food can heal, and how to make clean eating enjoyable. In her coaching practice, she puts her attention on the individual and helps them achieve their glow through living a life they love that was designed for them. It's more than just making the healthy food choices, it's about living a happy and healthy life. Growing up with a passion for cooking and baking, she has taken that to the next level and turned her favorite foods and recipes into clean eats without sacrificing the flavor. She enjoys sharing her recipes with her clients, friends and family, which is why she decided to write this book. Her passion for beauty hasn't changed, it's just more focused on the root of it, that glow from within, helping others to let their light shine, and then let beauty be the frosting on the cake!

Purchase her new book *"Beauty Bites: Clean Eats and Indulgent Treats to Get Your Glow from Within"* at the Women's Guild Meeting.



**Alternatives For Girls**

We will continue our yearly gift bag project for the women's shelter, "Alternative for Girls." Please bring any toiletries and small gifts that you have saved and bring them to our November 7<sup>th</sup> meeting.



By the time this newsletter arrives, the bazaar will be in our rearview mirror and we all will be experiencing a big sigh of relief. Thank you to all the volunteers who stepped up and worked. Some of you took several shifts and some of you just one. Regardless of the number, more importantly you chose to show up. You chose to give back. THANK YOU!

*~ Barb Rupas*

### ***Smiling Faces Preparing for the Bazaar!!***



## Smiling Faces Serving at the Bazaar!!











### WOMEN’S GUILD 2018 GROUP PHOTO ORDER FORM

Please complete the attached form if you are interested in ordering the 2018 Women’s Guild Group Photo (taken at the Guild June Membership Dinner).

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

	<u>Quantity</u>	<u>Price</u>	<u>Total</u>
8 x 10	_____	\$5.00	_____

\*Orders taken through October 11<sup>th</sup>, 2018

Requests should be made with payment to:

**Barb Rupas**  
**1663 Caliper**  
**Troy, MI 48084**

**Checks payable to: St. John Women’s Guild**

If you have something you would like to include in our newsletter, please contact Diana Vosgianian at (248) 661-1875 or email: [pasadenapenapenguin@gmail.com](mailto:pasadenapenapenguin@gmail.com).

[www.stjohnsarmenianchurch.org](http://www.stjohnsarmenianchurch.org)